

Decalogue of good teaching practices on gender, equality and diversity

Avoid opinions on the diversity of bodies

Making comments about students' or anyone else's bodies, even if they seem positive, can offend and create discomfort.



Use inclusive and non-sexist language

It is advisable to use neutral words whenever possible, and to avoid using the masculine gender as the default gender (not applicable in english).

Las ingenieras
y los ingenieros...

El alumnado...

Attend to the diversity of gender and sexual orientation

It is important to be aware that students are diverse in terms of gender and sexuality and may be discriminated against for these reasons.



Encourage equal participation in class

Focusing on which part of the student body participates most and what this participation looks like can help to detect and break down gender roles and stereotypes in the classroom.



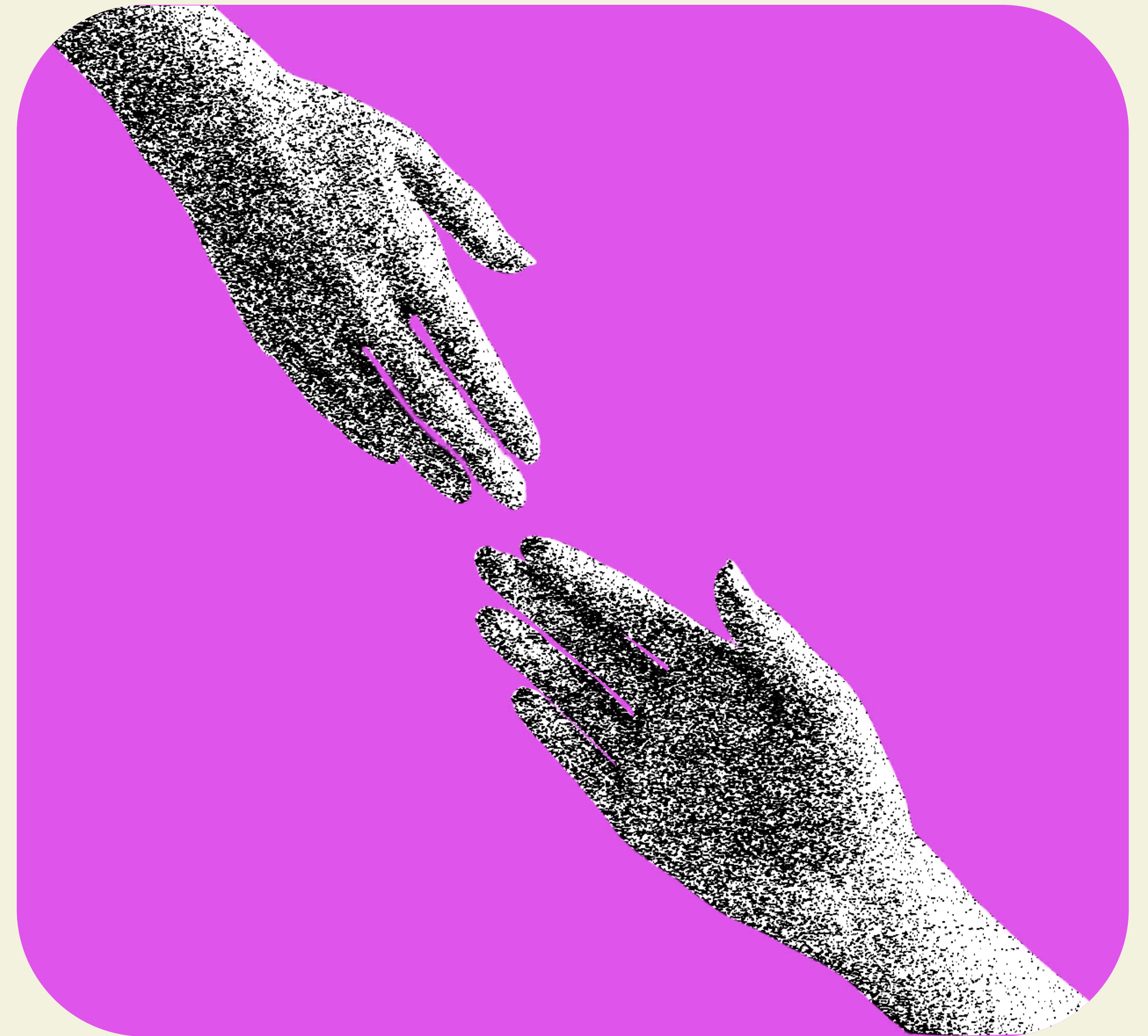
Promote a horizontal relationship

Promoting co-responsibility in the classroom so that students feel that the subject is also their responsibility can be useful to foster a horizontal relationship.



Give support in cases of discrimination

It is important not to turn a deaf ear when we detect these type of cases and to inform the school's Equality Officers so that they can take correct action.



Avoid ~~microaggressions~~ and discriminations

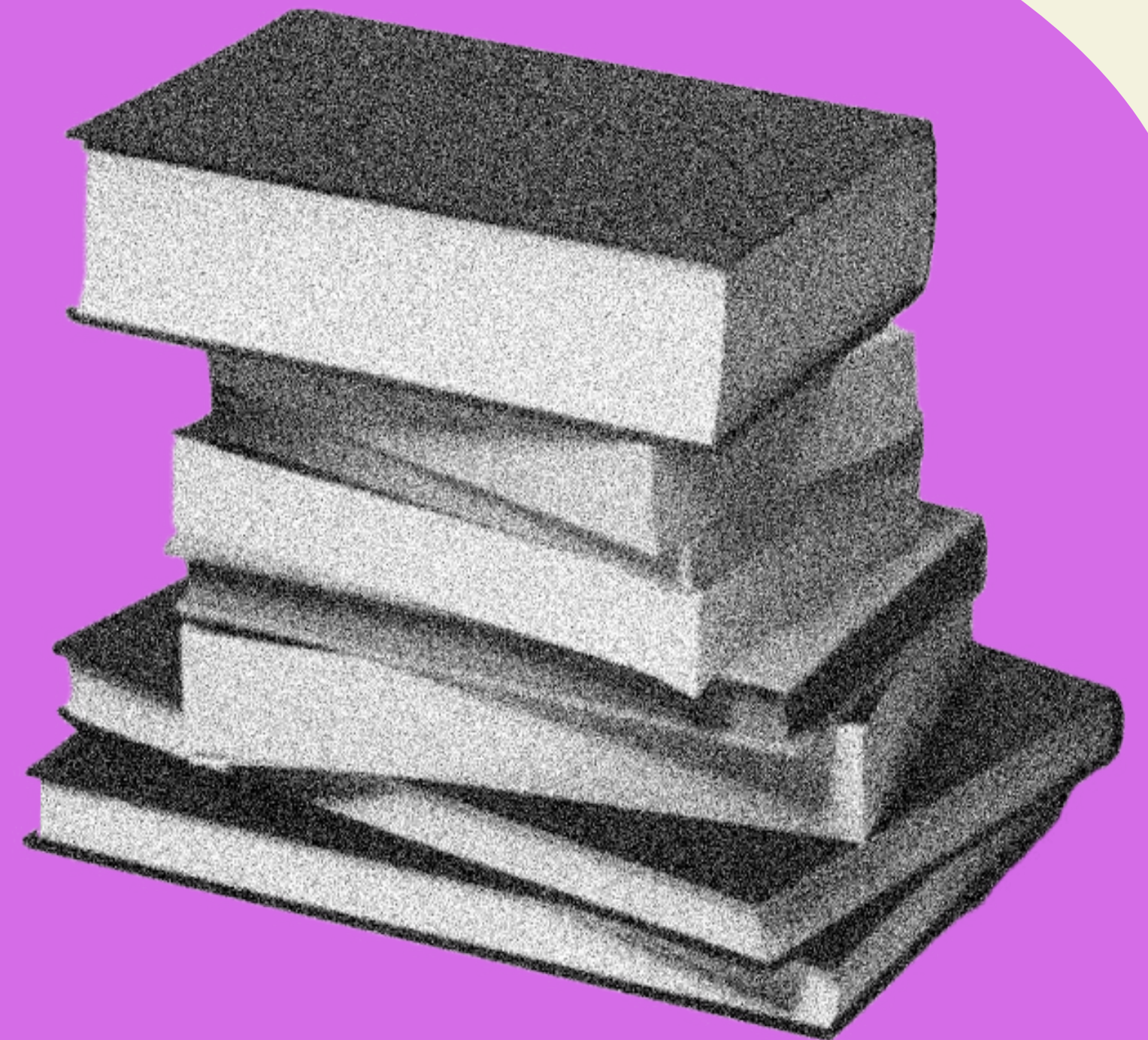
Microaggressions are the most difficult to detect because they are part of our daily lives, but we must be aware of them in order to avoid them.

You speak
Spanish so well
for being foreign

You are so brave
for living with your
disability

Self-assess and keep training on equality and diversity

Teachers must be aware of their shortcomings in these areas and work to try to improve them.



Reflect on the accessibility of the classroom and exercises

Functional or intellectual diversity must be taken into account when planning classroom exercises or projects.



Avoid paternalistic attitudes

The teacher-student relationship gives rise to these attitudes, but they have to be detected and avoided, and be aware of which students they most often arise with.



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